

Aaron Mertes Phd, PCLC, CRC

EDUCATION

<i>Doctor of Philosophy</i> , Counselor Education and Supervision University of Iowa - CACREP Accredited	2019
<i>Master of Science</i> , Rehabilitation Counseling St. Cloud State University - CORE Accredited	2015
<i>Bachelor of Arts</i> , English/Philosophy University of Minnesota-Duluth	2007

LICENSURES AND CERTIFICATIONS

<i>Certified Rehabilitation Counselor (CRC)</i> Certification Number: #00153085	March 2015 – Present
<i>Certified Life Care Planner (CLCP)</i> Certification Number: #1404 - Intentionally non-renewed	June 2017 – 2022
<i>International Psychometric Evaluator Certificate (IPEC)</i> Certification Number: #40148 - Intentionally non-renewed	April 2020 – 2022
<i>Licensed Clinical Professional Counselor (MT) – Candidate (PCLC)</i> License Number: # PCLC-49522	September 2021 - Present

PROFESSIONAL EXPERIENCE

<i>Assistant Professor</i> University of Wisconsin - Whitewater, Clinical Mental Health and School Counseling Programs <u>Served As:</u> <ul style="list-style-type: none">• COEPS Technology Committee (2024 - present)• Departmental Library Liaison (2024 - present)• Internship Placement Committee (2024 - present)• Admissions Committee (2024 - present)	August 2019 – May 2024
<i>Assistant Professor/Clinical Coordinator</i> Montana State University Billings, Rehabilitation and Mental Health Program <u>Served As:</u> <ul style="list-style-type: none">• State revision committee for Licensed Addiction Counselors (2019 – 2024)• Institutional Research Fellow (2022 - 2024)• Undergraduate Curriculum Committee (2019 - 2024)• University Assessment and Accreditation Committee (2020 – 2024)• Recruitment and Retention Committee (2021 – 2022)• College Curriculum Committee (2019 – 2022)	August 2019 – May 2024
<i>Staff Counselor</i> Student Health Services, Montana State University Billings, Billings, MT	August 2021 – May 2022

<i>Director of Special Projects and Research</i> Rocky Mountain Rehab, Billings, MT	July 2019 – November 2021
Rehabilitation Counselor – self-employed • Consulting Experience: Independent Living Assessments for the Department of Veteran’s Affairs	April 2017 – June 2019
<i>Graduate Assistant</i> The Rehabilitation & Counselor Education Department, The University of Iowa	August 2016 – May 2018
<i>Mental Health Counselor</i> Murry, Wilson, & Rose Counseling and Behavioral Services LLC., Cedar Rapids, IA	April 2017 – November 2017
<i>Mobile Crisis Counselor</i> The Crisis Center of Johnson County, Iowa City, IA	August 2016 – April 2017
<i>Teaching Assistant</i> The Rehabilitation & Counselor Education Department, The University of Iowa	July 2016 – August 2016
<i>Therapist Intern</i> Behavioral Health Center, Mercy Hospital, Cedar Rapids, IA	January 2016 – May 2016
<i>Therapist Intern</i> Central Minnesota Community Mental Health Center, St. Cloud, MN	June 2014 – May 2015
<i>Graduate Assistant</i> The Academic Learning Center, St. Cloud State University, St. Cloud, MN	2013 – 2014
<i>Academic Coach for people with disabilities</i> Check & Connect Program, Central Lakes College, Brainerd, MN	2011 – 2013
<i>Paraprofessional</i> Pine River – Backus High School, Pine River, MN	2010 – 2011
<i>Counselor</i> Confidence Learning Center, Brainerd, MN	2009 – 2010
<i>Teaching Assistant</i> The Philosophy Department, The University of Minnesota - Duluth	2007
<i>House Supervisor/Job Coach</i> Trillium Services, Duluth, MN	2005 – 2009

RESEARCH

Journal Editorial Duties

<i>Journal of Life Care Planning – Managing Editor</i>	July 2024 - Present
<i>Journal of Life Care Planning – Editor-in-Chief</i>	March 2021 - July 2024

Journal of Life Care Planning - Editorial Board Reviewer

October 2017 – March 2021

The Rehabilitation Professional – Editorial Board Reviewer

January 2020 - March 2021

Books

Careers in Private Rehabilitation Counseling (self-published) - July 2023

Book Chapters

Mertes, A., & Reid, C. (2023). Research in Life Care Planning. In Rutherford-Owen, T. & Barros-Bailey, M. (Eds.) *Life care planning and case management handbook*, Routledge.

Journal Articles – Refereed

Mertes, A. (2021) Pedagogical Technologies for Remote Learning in Counselor Education: Hyflex Course Design. *Rehabilitation Counselors and Educators Journal*, 12(2), <https://doi.org/10.52017/001c.84544>

Mertes, A., & Albee, T. (2020) The effects of post-Sanchez hearsay in life care planning. *Journal of Life Care Planning*, 18(2), 81-89.

Mertes, A., Masterson, J., Mitchell N., Penilton, D., Marcinko, D., Thomas, K., Smolarski, R., & Turner, D., International Academy of Life Care Planners' position paper on transdisciplinary practice. *Journal of Life Care Planning*, 17(2), 3-4.

Mertes, A. (2017) Content analysis of the research priorities in the *Journal of Life Care Planning* 2004-2017, *Journal of Life Care Planning*, 16(2), 3-9.

Mertes, A. & Harden, T. (2017) The role of rehabilitation counseling in life care planning, *Journal of Life Care Planning*, 17(1), 39-44

PRESENTATIONS

Refereed Presentations

Mertes, A. (2024). Vocation-focused Careers and Private Rehab. International Association of Rehabilitation Professionals (IARP) Webinar, Virtual (November, 2024).

Fernandez, S. & **Mertes, A.** (2024). Current issues and Counselor Education: CACREP (Table Talk). North Central Association for Counselor Education and Supervision (NCACES), Rosemont, IL (October, 2024).

Fernandez, S. & **Mertes, A.** (2024). The New 2024 CACREP Curriculum Standards. North Central Association for Counselor Education and Supervision (NCACES), Rosemont, IL (October, 2024).

Mertes, A. (2024). The Basics of Setting up a Private Practice for You or Your Clients. American Rehabilitation Counseling Association (ARCA) Webinar, Virtual (February, 2024).

Mertes, A. (2023). Self-Employment for Vocational Rehabilitation Clients. Montana Association for Rehabilitation (MAR), Billings, MT (October, 2023).

Peterson, S., Fernandez, S. & **Mertes, A.** (2023). The New 2024 CACREP Curriculum Standards: Significance for Rehabilitation Counseling (RC) and Clinical RC Education Programs. International Association of Rehabilitation Professionals (IARP), Washington DC (October, 2023).

Mertes, A. (2023). Careers in Private Rehabilitation. International Association of Rehabilitation Professionals (IARP), Virtual Conference (August, 2023).

Mertes, A., Barthell, T (2023). Trauma in the Workplace. Montana Medical Group Management Association (MGMA) Fairmont, MT (May, 2023).

Mertes, A., Stoneburner, R (2023). Job Analysis in Context: practical and forensic considerations. International Association of Rehabilitation Professionals (IARP) Webinar, Virtual (March, 2023).

Mertes, A. (2022). Teaching Online and In-Person at the Same Time: Technology and Curricular Design. National Council on Rehabilitation Education (NCRE) Spring Conference, San Diego, CA. (April, 2022).

Mertes, A. (2021). IALCP Summit 2021 Town Hall. International Academy of Life Care Planning Symposium, Virtual (November, 2021).

Mertes, A. (2021). Teaching Online and In-Person at the Same Time: Technology and Curricular Design. National Council on Rehabilitation Education (NCRE) Fall Conference, Virtual (November, 2021).

Mertes, A., McMahon, P., (2021). Technology Use and Ethical Boundaries. Wisconsin Chapter of the International Association of Rehabilitation Professionals (IARP) Webinar, Virtual (May, 2021).

Mertes, A., Marcinko, D., Rutherford-Owen, T., & Thompson, A., (2020). Evolution of the life care planning organization: History and current challenges. Concurrent session at the annual conference of the International Association of Rehabilitation Professionals (IARP), Virtual Conferences (October, 2020).

Mertes, A., & Albee, T. (2020). Hearsay challenges in life care planning: A Sanchez Review. Annual Symposium of the International Academy of Life Care Planning (IALCP), Virtual Conferences (October, 2020).

Mertes, A., & Reid, C., (2018). The future of research in life care planning: a JLCP content analysis. Concurrent session at the annual conference of the International Association of Rehabilitation Professionals (IARP), Charlotte, NC. (October, 2018).

Mertes, A., (2016). Help-seeking attitudes and perceived organizational support for rehabilitation counselors. Poster presented at the 2016 Spring conference of the National Council on Rehabilitation Educators, National Council on Rehabilitation Education, Newport Beach, CA. (April, 2016).

Brickham, D., Fitzgerald, S., **Mertes, A.,** Kimmel, K., & Bowes, J., (2016). Mitigating counselor stress and burnout: Integrating self-care into the classroom. Poster presented at the 2016 Spring conference of the National Council on Rehabilitation Educators, National Council on Rehabilitation Education, Newport Beach, CA. (April, 2016).

Mertes, A., (2015). Attachment Career Theory for people with psychiatric disabilities. Paper presented at the Minnesota Rehabilitation Association Spring 2015 Conference, Owatonna, MN. (April, 2015).

Hebert, A., **Mertes, A.**, et. al., (2014). DisABILITY Awareness Project. Presented at the 2014 Fall conference of the National Council on Rehabilitation Educators, National Council on Rehabilitation Education, Washington, DC. (November, 2016).

Hebert, A., **Mertes, A.**, et. al., (2014). Interdisciplinary education to decrease misconceptions nursing students hold regarding disabilities. Paper presented at the Minnesota Rehabilitation Association Fall 2014 Conference, St. Cloud, MN. (April, 2014).

Sam, M., & **Mertes, A.**, (2013). Check & Connect (C&C): Engaging and retaining students in college. Presented at the Transition and Postsecondary Programs for Students with Intellectual Disabilities conference (TPSID). George Mason University, Fairfax County, VA. (April, 2013).

Sam, M. & Mertes, A. **Mertes, A.**, (2013). The Check & Connect program at Central Lakes College. Presented at the Minnesota State Colleges and Universities (MNSCU) Diversity and Equity Conference, Spring Lake Park, MN. (March, 2012).

Non-refereed Presentations

Mertes, A. (2023) Job Talks: Montana State University Billings - tenure faculty recruitment. Association of Counselor Education and Supervision (ACES), Denver, CO.

Mertes, A., Nauts, T., Cooper, D., Horn, M. (2022) LAC Licensing Standards Review and Revision Recommendations. Presentation for the State of Montana Licensing Board.

Mertes, A. (2022) Talking the Talk: Developing employer specific language to make client connections. Presentation for the State of Montana Vocational Rehabilitation Agency. Virtual for providers across the state of Montana.

Mertes, A. (2020) Ethics and Boundaries. Presentation for the State of Montana Vocational Rehabilitation Agency. Virtual for providers across the state of Montana.

Seier, J., Dietmeier, J., George, S., **Mertes, A.**, & Schuh, K. L. (2017, November). Generating Acceptance for Students Living in Poverty. Paper presented at the annual conference of the Educational Opportunity Association, Schaumburg, IL.

Mertes, A., & Shewczyk, A., (2015). I am who I am, or am I? The choices of growing college students. Paper presented at the Power and Diversity Conference, St. Cloud, MN. (March, 2015).

Mertes, A., & Palmer, B., (2015). Who am I; who cares?: Strategies for time management and self care. Paper presented at the Power and Diversity Conference, St. Cloud, MN. (March, 2013).

Invited Presentations

Mertes, A. (2023). Self-employment for people with disabilities. Montana Rehabilitation Association Conference. Billings, MT.

Mertes, A., Stahley, N., Bailey, M. (2023). IDM Supervision. Presented to National Association of Social Workers (NASW) of Montana Supervision Training.

Mertes, A., (2022). Growing Through Change that Never Ends. Presented as part of the Library Lecture

Series at Montana State University Billings.

Manchala, G., **Mertes, A.**, (2021). The Effects of Trauma on Enrollment and Retention of Native American Students In Montana., Presented to the American Indian and Minority Achievement Council (AIMA) (March, 2021)

Manchala, G., **Mertes, A.**, (2020). Enrollment and Retention of Native American Students In Montana., Presented to the OCHE scholarship fellow committee (January, 2020)

Mertes, A., (2020). Strategic Planning: invitation from the Mayor of Billings to facilitate an empirically-based process

Mertes, A., (2017). Informational Interviewing – “A doorway in”. Presented to Graduating Seniors at the University of Iowa Communication Studies Department, The University of Iowa, Iowa City, IA. (March, 2017).

Mertes, A., & Ally, F., (2016). Career Choices Using the RIASEC. Presented to Graduating Seniors at the University of Iowa Communication Studies Department, The University of Iowa, Iowa City, IA. (October, 2016).

Mertes, A., (2014). Personal Testimonial. Presented at the End Mental Health Stigma event hosted by Active Minds. St. Cloud State University, St. Cloud, MN. (February, 2014).

Public Appearances or Misc.

Mertes, A., (2024). Guest on ”Inside Rehabilitation Counseling” Podcast. Episode 7. (January, 2024).

CONTRACTS, GRANTS, AND SPONSORED RESEARCH

Funded

Toenjes, K., **Mertes, A.**, & Bangert, L., Montana NIH-INBRE grant, Clinical Training Structural Development, Montana State University Billings, \$50,000. (Submitted June 2023).

Estrada-Hernandez, N. & **Mertes, A.**, Sponsored by the Iowa Measurement and Research Foundation, The University of Iowa, \$9,131.00. (August 2015 – May 2016).

Mertes, A., Rehabilitation Services Administration Training Grant, Sponsored by the Rehabilitation Services Administration, Federal, \$3000.00. (August 2014 – May 2015).

Mertes, A. Sponsored by the Undergraduate Research Opportunities Program (UROP). \$500.00. (June 2013 – August 2013).

Mertes, A., The Office of the Dean Graduate Student Travel Award, The University of Iowa, \$600.00. (April 2016).

TEACHING EXPERIENCE

Session	Course	Course Title
Fall 2024	COUNSED 718	Principles of Counseling
	COUNSED 751	Ethics and Consultation
	COUNSED 795	Internship
Summer 2024	COUNSED 712	Foundations of Counseling
Spring 2024	REHA 520 (Hyflex)	Group & Individual Evaluation
	REHA 515 (Hyflex)	Med & Psych-Soc Aspects of Disability
	REHA 594	Counseling Practicum
Fall 2023	IND: REHA 523	Advncd Group Counseling
	REHA 594	Counseling Practicum
	REHA 525 (Hyflex)	Career Dvlp, Plcmnt, & Support
	REHA 517 (Hyflex)	Research & Program Evaluation
	REHA 406 (Hyflex)	Med & Psych-Soc Aspects of Disability
Summer 2023	REHA 520 (Hyflex)	Group & Individual Evaluation
	REHA 596	Counseling Internship
Spring 2023	REHA 520 (Hyflex)	Group & Individual Evaluation
	REHA 515 (Hyflex)	Med & Psych-Soc Aspects of Disability
	REHA 594	Counseling Practicum
Fall 2022	REHA 594	Counseling Practicum
	REHA 525 (Hyflex)	Career Dvlp, Plcmnt, & Support
	REHA 517 (Hyflex)	Research & Program Evaluation
	REHA 406 (Hyflex)	Med & Psych-Soc Aspects of Disability
Summer 2022	REHA 551 (Hyflex)	Med & Psych-Soc Aspects of Disability
Spring 2022	REHA 520 (Hyflex)	Group & Individual Evaluation
	REHA 515	Med & Psych-Soc Aspects of Disability
	REHA 594	Counseling Practicum
Fall 2021	REHA 406	Assmnt in HS and Addictn Prgrms
	HS 335	Introduction to Counseling
Summer 2021	REHA 525 (Hyflex)	Career Dvlp, Plcmnt, & Support
	REHA 594 (Hyflex)	Counseling Practicum
	REHA 520 (Hyflex)	Group & Individual Evaluation
	REHA 520 (Hyflex)	Group & Individual Evaluation
	HS 335	Introduction to Counseling
Fall 2020	REHA 594	Counseling Practicum
	REHA 525	Career Dvlp, Plcmnt, & Support
	REHA 406	Assmnt in HS and Addictn Prgrms
	HS 335	Introduction to Counseling
Spring 2020	REHA 590	Counseling Practicum
	REHA 520	Group & Individual Evaluation
	HS 335	Introduction to Counseling
Fall 2019	REHA 505	Theories of Counseling
	REHA 406	Assmnt in HS and Addictn Prgrms
Spring 2019	PSY: 3330	Child Psychopathology
	PSY: 2501	Social Psychology
	PSY: 2101	Understanding Social Influence
Fall 2018	PSY: 2501	Social Psychology
	RCE: 4195 (Online)	Ethics in Human Relations
Online - ongoing	CRCC eUniversity	Ethical Decision-Making Tools
Summer 2016	RCE:5241	Intro to Rehab & MHC
Fall 2006	PHIL:1007	World Religions

Advising

Dissertations

Henderson, Patrice (2021) Barriers to entry-level work for Masters-level rehabilitation counselors - Governors State University In-Progress

MEMBERSHIPS

International Association of Rehabilitation Professionals (IARP) 2017 - present
International Association of Life Care Planners (IALCP) 2017- present
American Counseling Association (ACA) 2022 - present
American Rehabilitation Counseling Association (ARCA) 2022 - present

PROFESSIONAL BOARDS

Council for the Accreditation of Counseling and Related Educational Programs (CACREP) 2023 – Present
Board of Directors

- Chair of Research Council
- Chair of CSI Essay Award Contest
- Member Mid-Cycle Review Committee
- Member of Commission Task Force

International Association of Life Care Planners (IALCP) 2018 – 2021
Chair Elect - Chair - Past Chair

Substance Abuse Connect Coalition 2020 – 2021

International Association of Life Care Planners (IALCP) 2017 – 2018
Student Representative

International Association of Rehabilitation Professionals (IARP) - Young Professionals 2017 – 2020
Committee Member

University of Iowa Chapter of the American Rehabilitation Counseling Association 2015 – 2017
President

Minnesota Rehabilitation Association 2013 – 2015
Student Representative

Chi Sigma Iota – Rho Alpha Delta 2014 – 2015
Vice-President

HONORS AND AWARDS

2022 - 2023 Montana State University Billings Winston & Helen Cox Fellowship Award

2021 - 2022 President's Commendation for Leadership and Outstanding Service to the IARP Board of Directors

2020 Montana State University Billings Faculty Excellence Award

Additional Skills and Interests

Latex - Proficient in document production, package management, and class development. Package specialty include: *Tikz*, *biblatex*

- Used to format self-published book
- Used to format and publish *The Journal of Life Care Planning*

Editing and Publishing

- *Scholastica Editorial Management: Integrations with CrossRef for DOI indexing*
- *EBSCO and ProQuest FTP upload for article indexing*