

Aaron Mertes Phd, PCLC, CRC

EDUCATION

<i>Doctor of Philosophy</i> , Counselor Education and Supervision University of Iowa	2019
<i>Master of Science</i> , Rehabilitation Counseling St. Cloud State University	2015
<i>Bachelor of Arts</i> , English/Philosophy University of Minnesota-Duluth	2007

LICENSURES AND CERTIFICATIONS

<i>Certified Rehabilitation Counselor (CRC)</i> Certification Number: #00153085	March 2015 – Present
<i>Certified Life Care Planner (CLCP)</i> Certification Number: #1404 - Intentionally non-renewed	June 2017 – 2022
<i>International Psychometric Evaluator Certificate (IPEC)</i> Certification Number: #40148 - Intentionally non-renewed	April 2020 – 2022
<i>Licensed Clinical Professional Counselor (MT) – Candidate (PCLC)</i> License Number: # PCLC-49522	September 2021 - Present

PROFESSIONAL EXPERIENCE

<i>Assistant Professor</i> Montana State University Billings, Rehabilitation and Mental Health Program <u>Served As:</u> <ul style="list-style-type: none">• State revision committee for Licensed Addiction Counselors (2019 – Present)• Institutional Research Fellow (2022 - Present)• Undergraduate Curriculum Committee (2019 - Present)• University Assessment and Accreditation Committee (2020 – Present)• Recruitment and Retention Committee (2021 – 2022)• College Curriculum Committee (2019 – 2022)	August 2019 – Present
<i>Staff Counselor</i> Student Health Services, Montana State University Billings, Billings, MT	August 2021 – Present
<i>Director of Special Projects and Research</i> Rocky Mountain Rehab, Billings, MT	2019 – November 2021
Rehabilitation Counselor – self-employed <ul style="list-style-type: none">• Consulting Experience: Independent Living Assessments for the Department of Veteran's Affairs	April 2017 – June 2019

<i>Graduate Assistant</i> The Rehabilitation & Counselor Education Department, The University of Iowa	August 2016 – May 2018
<i>Mental Health Counselor</i> Wilson, & Rose Counseling and Behavioral Services LLC., Cedar Rapids, IA	April 2017 – November 2017
<i>Mobile Crisis Counselor</i> The Crisis Center of Johnson County, Iowa City, IA	August 2016 – April 2017
<i>Teaching Assistant</i> The Rehabilitation & Counselor Education Department, The University of Iowa	July 2016 – August 2016
<i>Therapist Intern</i> Behavioral Health Center, Mercy Hospital, Cedar Rapids, IA	January 2016 – May 2016
<i>Therapist Intern</i> Central Minnesota Community Mental Health Center, St. Cloud, MN	June 2014 – May 2015
<i>Graduate Assistant</i> The Academic Learning Center, St. Cloud State University, St. Cloud, MN	2013 – 2014
<i>Academic Coach for people with disabilities</i> Check & Connect Program, Central Lakes College, Brainerd, MN	2011 – 2013
<i>Paraprofessional</i> Pine River – Backus High School, Pine River, MN	2010 – 2011
<i>Counselor</i> Confidence Learning Center, Brainerd, MN	2009 – 2010
<i>Teaching Assistant</i> The Philosophy Department, The University of Minnesota - Duluth	2007
<i>House Supervisor/Job Coach</i> Trillium Services, Duluth, MN	2005 – 2009

RESEARCH

Journal Editorial Duties

<i>Journal of Life Care Planning – Editor-in-Chief</i>	March 2021 - Present
<i>Journal of Life Care Planning - Editorial Board Reviewer</i>	October 2017 – March 2021
<i>The Rehabilitation Professional – Editorial Board Reviewer</i>	January 2020 - March 2021

Books

Careers in Private Rehabilitation Counseling (self-published) - July 2023

Rehabilitation Consultant's Handbook (Elliot & Fitzpatrick. Inc.) - *In Progress* - Co-Authoring with Mary Barros-Bailey as an updated 5th edition to the original text written by Tim Field and Roger Weed.

Book Chapters

Mertes, A., & Reid, C. (2023). Research in Life Care Planning. In Rutherford-Owen, T. & Barros-Bailey, M. (Eds.) *Life care planning and case management handbook* Routledge. - *In Press*

Journal Articles – Refereed

Mertes, A. (2021) Pedagogical Technologies for Remote Learning in Counselor Education: Hyflex Course Design. (In Review in Journal of Technology in Counselor Education and Supervision)

Mertes, A., & Albee, T. (2020) The effects of post-Sanchez hearsay in life care planning. *Journal of Life Care Planning*, 18(2), 81-89.

Mertes, A., Masterson, J., Mitchell N., Penilton, D., Marcinko, D., Thomas, K., Smolarski, R., & Turner, D., International Academy of Life Care Planners' position paper on transdisciplinary practice. *Journal of Life Care Planning*, 17(2), 3-4.

Mertes, A. (2017) Content analysis of the research priorities in the Journal of Life Care Planning 2004-2017, *Journal of Life Care Planning*, 16(2), 3-9.

Mertes, A. & Harden, T. (2017) The role of rehabilitation counseling in life care planning, *Journal of Life Care Planning*, 17(1), 39-44

PRESENTATIONS

Refereed Presentations

Mertes, A., Barthell, T (2023). Trauma in the Workplace. Montana Medical Group Management Association (MGMA) Fairmont, MT (May, 2023).

Mertes, A., Stoneburner, R (2023). Job Analysis in Context: practical and forensic considerations. International Association of Rehabilitation Professionals (IARP) Webinar, Virtual (March, 2023).

Mertes, A. (2022). Teaching Online and In-Person at the Same Time: Technology and Curricular Design. National Council on Rehabilitation Education (NCRE) Spring Conference, San Diego, CA. (April, 2022).

Mertes, A. (2021). IALCP Summit 2021 Town Hall. International Academy of Life Care Planning Symposium, Virtual (November, 2021).

Mertes, A. (2021). Teaching Online and In-Person at the Same Time: Technology and Curricular Design. National Council on Rehabilitation Education (NCRE) Fall Conference, Virtual (November, 2021).

Mertes, A., McMahon, P., (2021). Technology Use and Ethical Boundaries. Wisconsin Chapter of the International Association of Rehabilitation Professionals (IARP) Webinar, Virtual (May, 2021).

Mertes, A., Marcinko, D., Rutherford-Owen, T., & Thompson, A., (2020). Evolution of the life care planning organization: History and current challenges. Concurrent session at the annual conference of the International Association of Rehabilitation Professionals (IARP), Virtual Conferences (October, 2020).

Mertes, A., & Albee, T. (2020). Hearsay challenges in life care planning: A Sanchez Review. Annual Symposium of the International Academy of Life Care Planning (IALCP), Virtual Conferences (October, 2020).

Mertes, A., & Reid, C., (2018). The future of research in life care planning: a JLCP content analysis. Concurrent session at the annual conference of the International Association of Rehabilitation Professionals (IARP), Charlotte, NC. (October, 2018).

Mertes, A., (2016). Help-seeking attitudes and perceived organizational support for rehabilitation counselors. Poster presented at the 2016 Spring conference of the National Council on Rehabilitation Educators, National Council on Rehabilitation Education, Newport Beach, CA. (April, 2016).

Brickham, D., Fitzgerald, S., **Mertes, A.,** Kimmel, K., & Bowes, J., (2016). Mitigating counselor stress and burnout: Integrating self-care into the classroom. Poster presented at the 2016 Spring conference of the National Council on Rehabilitation Educators, National Council on Rehabilitation Education, Newport Beach, CA. (April, 2016).

Mertes, A., (2015). Attachment Career Theory for people with psychiatric disabilities. Paper presented at the Minnesota Rehabilitation Association Spring 2015 Conference, Owatonna, MN. (April, 2015).

Hebert, A., **Mertes, A.,** et. al., (2014). DisABILITY Awareness Project. Presented at the 2014 Fall conference of the National Council on Rehabilitation Educators, National Council on Rehabilitation Education, Washington, DC. (November, 2016).

Hebert, A., **Mertes, A.,** et. al., (2014). Interdisciplinary education to decrease misconceptions nursing students hold regarding disabilities. Paper presented at the Minnesota Rehabilitation Association Fall 2014 Conference, St. Cloud, MN. (April, 2014).

Sam, M., & **Mertes, A.,** (2013). Check & Connect (C&C): Engaging and retaining students in college. Presented at the Transition and Postsecondary Programs for Students with Intellectual Disabilities conference (TPSID). George Mason University, Fairfax County, VA. (April, 2013).

Sam, M. & Mertes, A. **Mertes, A.,** (2013). The Check & Connect program at Central Lakes College. Presented at the Minnesota State Colleges and Universities (MNSCU) Diversity and Equity Conference, Spring Lake Park, MN. (March, 2012).

Non-refereed Presentations

Mertes, A., Nauts, T., Cooper, D., Horn, M. (2022) LAC Licensing Standards Review and Revision Recommendations. Presentation for the State of Montana Licensing Board.

Mertes, A. (2022) Talking the Talk: Developing employer specific language to make client connections.

Presentation for the State of Montana Vocational Rehabilitation Agency. Virtual for providers across the state of Montana.

Mertes, A. (2020) Ethics and Boundaries. Presentation for the State of Montana Vocational Rehabilitation Agency. Virtual for providers across the state of Montana.

Seier, J., Dietmeier, J., George, S., **Mertes, A.**, & Schuh, K. L. (2017, November). Generating Acceptance for Students Living in Poverty. Paper presented at the annual conference of the Educational Opportunity Association, Schaumburg, IL.

Mertes, A., & Shewczyk, A., (2015). I am who I am, or am I? The choices of growing college students. Paper presented at the Power and Diversity Conference, St. Cloud, MN. (March, 2015).

Mertes, A., & Palmer, B., (2015). Who am I; who cares?: Strategies for time management and self care. Paper presented at the Power and Diversity Conference, St. Cloud, MN. (March, 2013).

Invited Presentations

Mertes, A., Stahley, N., Bailey, M. (2023). IDM Supervision. Presented to National Association of Social Workers (NASW) of Montana Supervision Training.

Mertes, A., (2022). Growing Through Change that Never Ends. Presented as part of the Library Lecture Series at Montana State University Billings.

Manchala, G., **Mertes, A.**, (2021). The Effects of Trauma on Enrollment and Retention of Native American Students In Montana., Presented to the American Indian and Minority Achievement Council (AIMA) (March, 2021)

Manchala, G., **Mertes, A.**, (2020). Enrollment and Retention of Native American Students In Montana., Presented to the OCHE scholarship fellow committee (January, 2020)

Mertes, A., (2020). Strategic Planning: invitation from the Mayor of Billings to facilitate an empirically-based process

Mertes, A., (2017). Informational Interviewing – “A doorway in”. Presented to Graduating Seniors at the University of Iowa Communication Studies Department, The University of Iowa, Iowa City, IA. (March, 2017).

Mertes, A., & Ally, F., (2016). Career Choices Using the RIASEC. Presented to Graduating Seniors at the University of Iowa Communication Studies Department, The University of Iowa, Iowa City, IA. (October, 2016).

Mertes, A., (2014). Personal Testimonial. Presented at the End Mental Health Stigma event hosted by Active Minds. St. Cloud State University, St. Cloud, MN. (February, 2014).

CONTRACTS, GRANTS, AND SPONSORED RESEARCH

Funded

Toenjes, K., **Mertes, A.**, & Bangert, L., Montana NIH-INBRE grant, Clinical Training Structural Development, Montana State University Billings, \$50,000. (Submitted June 2023).

Estrada-Hernandez, N. & **Mertes, A.**, Sponsored by the Iowa Measurement and Research Foundation, The University of Iowa, \$9,131.00. (August 2015 – May 2016).

Mertes, A., Rehabilitation Services Administration Training Grant, Sponsored by the Rehabilitation Services Administration, Federal, \$3000.00. (August 2014 – May 2015).

Mertes, A. Sponsored by the Undergraduate Research Opportunities Program (UROP). \$500.00. (June 2013 – August 2013).

Mertes, A., The Office of the Dean Graduate Student Travel Award, The University of Iowa, \$600.00. (April 2016).

TEACHING EXPERIENCE

Session	Course	Section	Course Title	Hour	Enroll.	Instructor Type
Spring 2022	REHA 520 (Hyflex)	700_202130	Group & Individual Evaluation	3	27	Assistant Professor
Spring 2022	REHA 515	700_202130	Med & Psych-Soc Aspects of Disability	3	24	Assistant Professor
Spring 2022	REHA 594	700_202130	Counseling Practicum	3	6	Assistant Professor
Fall 2021	REHA 406	800_202170	Assmnt in HS and Addictn Prgms	3	29	Assistant Professor
Fall 2021	HS 335	800_202170	Introduction to Counseling	3	31	Assistant Professor
Fall 2021	REHA 525 (Hyflex)	700_202070	Career Dvlp, Plcmnt, & Support	3	24	Assistant Professor
Fall 2021	REHA 594 (Hyflex)	700_202170	Counseling Practicum	3	5	Assistant Professor
Summer 2021	REHA 520 (Hyflex)	700_202150	Group & Individual Evaluation	3	18	Assistant Professor
Spring 2021	REHA 520 (Hyflex)	700_202130	Group & Individual Evaluation	3	17	Assistant Professor
Spring 2021	HS 335	800_202130	Introduction to Counseling	3	22	Assistant Professor
Spring 2021	REHA 594	800_202130	Counseling Practicum	3	6	Assistant Professor
Fall 2020	REHA 594	800_202070	Counseling Practicum	3	5	Assistant Professor
Fall 2020	REHA 525	800_202070	Career Dvlp, Plcmnt, & Support	3	24	Assistant Professor
Fall 2020	REHA 406	800_202070	Assmnt in HS and Addictn Prgms	3	33	Assistant Professor
Fall 2020	HS 335	800_202070	Introduction to Counseling	3	30	Assistant Professor

TEACHING EXPERIENCE						
Session	Course	Section	Course Title	Hour	Enroll.	Instructor Type
Spring 2020	REHA 590	800_202030	Counseling Practicum	3	11	Faculty Supervisor
Spring 2020	REHA 520	800_202030	Group & Individual Evaluation	3	26	Assistant Professor
Spring 2020	HS 335	800_202030	Introduction to Counseling	3	20	Assistant Professor
Fall 2019	REHA 505	800_201970	Theories of Counseling	3	29	Assistant Professor
Fall 2019	REHA 406	800_201970	Assmnt in HS and Addictn Prgms	3	29	Assistant Professor
Spring 2019	PSY: 3330	0001	Child Psychopathology	4	42	Teaching Assistant
Spring 2019	PSY: 2501	01-02	Social Psychology	4	42	Teaching Assistant
Spring 2019	PSY: 2101	0100	Understanding Social Influence	1	40	Teaching Assistant
Fall 2018	PSY: 2501	02-07	Social Psychology	4	42	Teaching Assistant
Fall 2018	RCE: 4195	Online	Ethics in Human Relations	4	40	Instructor
Online - on-going	CRCC eUniversity		Ethical Decision-Making Tools	5		Content Expert
Summer 2016	RCE:5241	0001	Intro to Rehab & MHC	3	12	Teaching Assistant
Fall 2006	PHIL:1007	001	World Religions	4	58	Teaching Assistant

MEMBERSHIPS

International Association of Rehabilitation Professionals (IARP)

International Association of Life Care Planners (IALCP)

American Counseling Association (ACA)

National Council on Rehabilitation Education (NCRE)

PROFESSIONAL BOARDS

Council for the Accreditation of Counseling and Related Educational Programs (CACREP) 2023 – Present
Board of Directors

International Association of Life Care Planners (IALCP)

2018 – 2021

Chair Elect - Chair - Past Chair

Substance Abuse Connect Coalition

2020 – 2021

<i>International Association of Life Care Planners (IALCP)</i> Student Representative	2017 – 2018
<i>International Association of Rehabilitation Professionals (IARP) - Young Professionals</i> Committee Member	2017 – 2020
<i>University of Iowa Chapter of the American Rehabilitation Counseling Association</i> President	2015 – 2017
<i>Minnesota Rehabilitation Association</i> Student Representative	2013 – 2015
<i>Chi Sigma Iota – Rho Alpha Delta</i> Vice-President	2014 – 2015

HONORS AND AWARDS

2022 - 2023 Montana State University Billings Winston & Helen Cox Fellowship Award

*2021 - 2022 President's Commendation for Leadership and Outstanding Service
to the IARP Board of Directors*

2020 Montana State University Billings Faculty Excellence Award